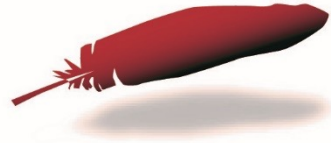


National Indian
Health Board



Brain Health Action Institutes for Tribal Nations: Train the Facilitator

Karrie Joseph

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National Indian Health Board

11th Annual Tribal Public Health Summit

April 29th, 2021

Presentation Overview/Agenda

- Icebreaker
- Role of a facilitator and meeting planning
- Overview of the online module
- Introduce print workbook
- Walk through training module
- Tips to remember while facilitating



Learning Objectives

1. Name 2 tools available for Indian County to address brain health challenges
2. Facilitate a virtual action institute



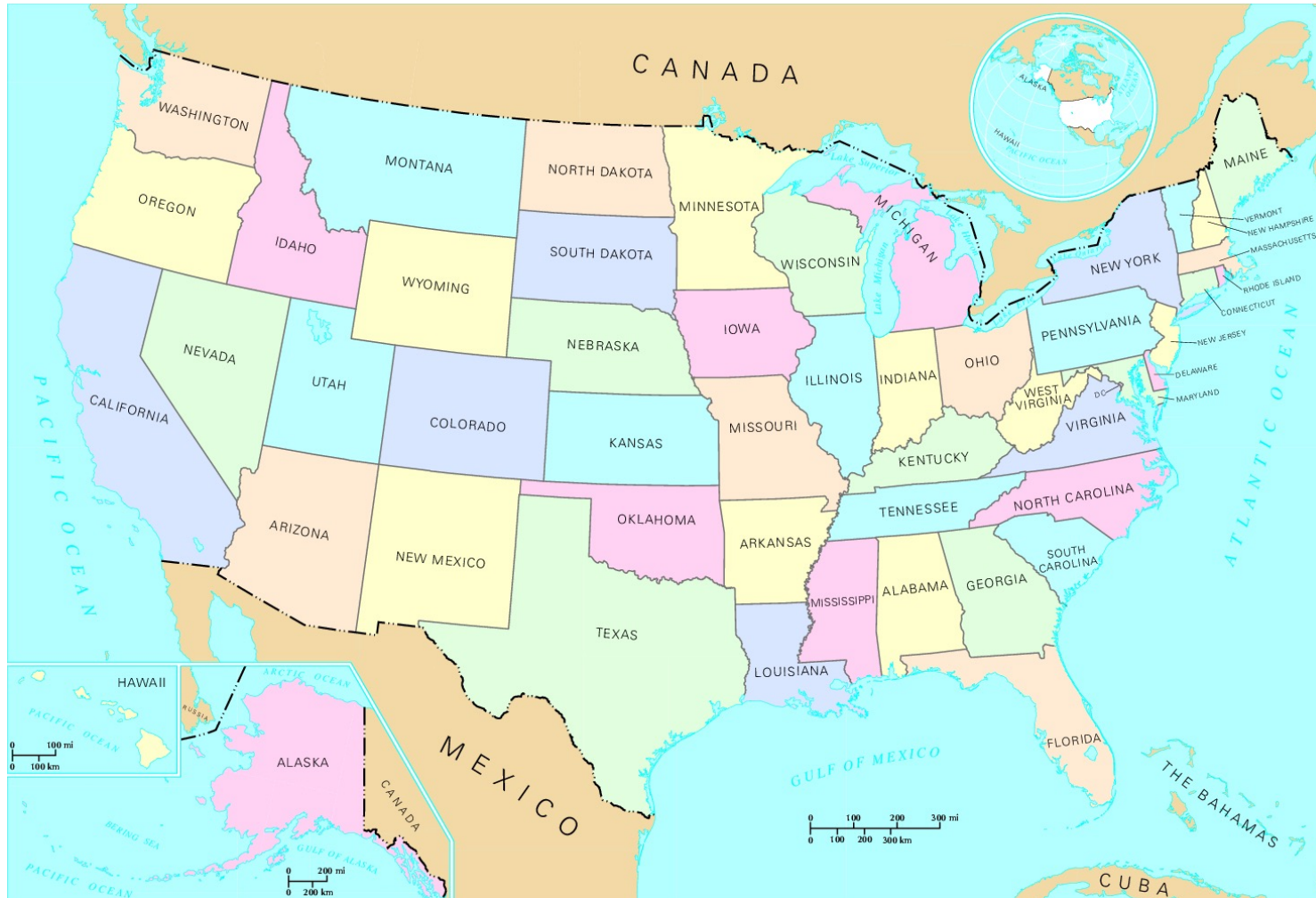
National Indian Health Board

Purpose: To advocate on behalf of all federally recognized American Indian and Alaska Native Tribes to ensure the fulfillment of the trust responsibility to deliver health and public health services as assured through treaties, and reaffirmed in legislation, executive orders and Supreme Court

Mission Statement: One Voice affirming and empowering American Indian and Alaska Native Peoples to protect and improve health and reduce health



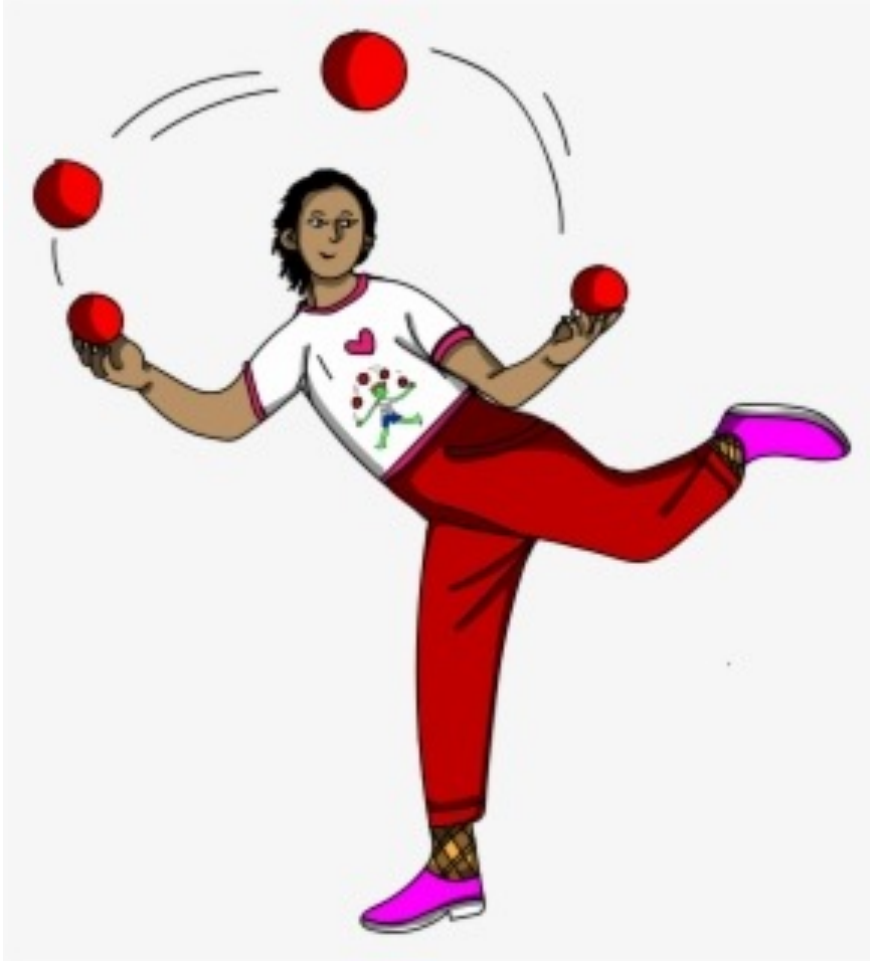
Where are you joining from?



Role of a Facilitator



Role of the Facilitator



- Guide participants through the training module, while allowing the group to direct or take charge of the training
- Provide an engaging and safe space for participants to learn and reach the learning objects and their personal goals
- Spark discussion and new ideas
- Troubleshoot technical issues and support participants throughout the training



3 Easy Steps - *Before* the Institute

1 Plan Ahead

2 Do a Run Through

3 Customize for your Audience



Meeting Planning

Event/Meeting Overview		
Name of Meeting		
Date		Time
Event Coordinator		Contact Information
Budget What is the cost? Who is sponsoring this meeting?		
Location (Address, Room #)		
Location Notes Room capacity, kitchen capabilities, transportation, parking, security, bathrooms, accessibility, emergency contact, etc.		
Location Contact Person (Name, Email, Phone #, etc.)		



Description of Event Short paragraph describing the event: purpose, what will be offered and/or discussed, expected outcome	
Audience Who will attend? How many people?	
Objectives What do you want to achieve?	
Evaluation Criteria/Tool What do you want to measure to evaluate the event/meeting? How will you measure this?	
Material and Supplies What material (handouts, dry erase boards, computers, etc.)	



Event/Meeting Planning Checklist

Checklist	Due Date	Actions Needed	Person Responsible
Develop Program			
<input type="checkbox"/> Program/Agenda finalized			
<input type="checkbox"/> Speakers and facilitators confirmed			
Budget			
<input type="checkbox"/> Create budget <u>projections</u> <i>Equipment, printing, <u>food</u> and drink, etc.</i>			
Logistics			
<input type="checkbox"/> Event approved by appropriate officials			
<input type="checkbox"/> Meeting space reserved and room setup confirmed			
<input type="checkbox"/> Food and beverage ordered			



<input type="checkbox"/> Staffing finalized			
<input type="checkbox"/> Attendee list finalized and invitations sent			
<input type="checkbox"/> AV and IT needs <u>confirmed</u> <i>Microphone, speakers, video, skype, etc.</i>			
<input type="checkbox"/> Materials <u>prepared</u> <i>Name tags, tent cards, handouts, evaluations, etc.</i>			
Marketing			
<input type="checkbox"/> Marketing materials <u>developed</u> <i>Website, flyers, emails, etc.</i>			
<input type="checkbox"/> Marketing conducted			
<input type="checkbox"/> Materials <u>prepared</u> <i>Name tags, tent cards, handouts, evaluations, etc.</i>			



Marketing			
<input type="checkbox"/> Marketing materials developed <i>Website, flyers, emails, etc.</i>			
<input type="checkbox"/> Marketing conducted			
Post-Event Planning			
<input type="checkbox"/> Collect feedback from team members and participant evaluations. Compare to evaluation criteria.			
<input type="checkbox"/> Send out follow-up <u>materials</u> <i>Meeting minutes, evaluation summary, etc.</i>			



Road Map for Indian Country

- Core focus of the Brain Health Action Institute
- You will need this handy for Unites 4 and 5 of the online module
- Highly recommend participants read this prior to the institute



Road Map for Indian Country



National Indian
Health Board



<https://nihb.org/brain-health/resources/>

Events

Resources

Policy

Online Module: Brain Health Action Institute

National Indian Health Board

**Brain Health Action
Institute for Tribal Nations**

Online Training Module



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VIEW MODULE 



Module Overview

Main Menu

Introduction (start to the online module)

Background

Unit 1: What is Brain Health in Indian Country?

Unit 2: Road Map for Indian Country

Unit 3: Cultural Considerations for Brain Health in Indian Country

Unit 4: Prioritization of Brain Health in Indian Country

Unit 5: Planning for Action – Initial Steps

Closing

Additional Resources

Unit 1-3:
Increase knowledge,
stimulate discussion

Units 4 – 5:
Action Planning

It is recommended to complete the online module in the order presented



Submit a TA Request Coming Soon!

- Visit www.nihb.org/brain-health to submit a request for technical assistance from NIHB for your Action Institute.
- Possible TA requests:
 - Implementing strategies in the *Roadmap for Indian Country*
 - Coordinating and facilitating a *Brain Health Action Institute*
 - Locating resources on Alzheimer's Disease and related dementias (ADRD)
 - Starting conversations about brain health in your community
 - Creating action plans and/or prioritizing strategies



Upcoming Brain Health Learning Community

- **Description of Learning Community**

- A Brain Health Learning Community that will meet bi-monthly to discuss the *Roadmap to Indian Country* strategies, and approaches to addressing Alzheimer's Disease and related dementias

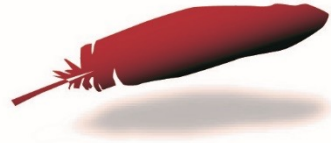
- **Informational Webinar:**

- **May 19th, 2021 from 2:00-2:45PM EST**
- Will provide a brief overview of what to expect from learning community meetings, and leave open space for discussion and recommendations from participants

- **Who should attend?**

- Any passionate Tribal public health professionals, healthcare providers, and concerned community members that wish to learn more about addressing Alzheimer's Disease and related dementias in their community





Thank you!

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